



IUPUI

2017-18 IUPUI WOMEN'S TRACK & FIELD INDOOR LISTS

SEASON BESTS BY EVENT

Event	Time/Mark	Performer	Date
60	8.53	Bailey Webber	2-10-18
200	28.23	Rachel Saylor	1-27-18
300	43.35	Rachel Crawford	12-2-17
400	58.98	Amairany Cruz	2-10-18
600	1:44.73	Rachel Saylor	2-10-18
800	2:13.03	Amairany Cruz	2-9-18
1000			
Mile	5:00.43	Katelyn Murphy	2-25-18
3000	10:01.71	Katelyn Murphy	2-3-18
5000	18:17.87	Shelby Pake	2-24-18
60 Hurdles	10.81	Beth Parks	2-24-18
High Jump	1.58m (5' 2.25")	Sarah Welsh	12-2-17
Long Jump	4.74m (15' 6.75")	Beth Parks	2-24-18
Triple Jump			
Shot Put	7.97m (26' 1.75")	Beth Parks	2-24-18
Weight			
4x400			
Distance Medley	12:12.04	Wright-Cruz-Welch-Backherms	2-24-18
Pentathlon	2,803	Beth Parks	2-24-18

SCHOOL RECORDS BY EVENT

Event	Time/Mark	Performer	Date
60	8.53	Bailey Webber	2-10-18
200	28.23	Rachel Saylor	1-27-18
300	43.35	Rachel Crawford	12-2-17
400	57.43	Amairany Cruz	2-11-17
600	1:36.86	Megan Zajac	2-3-17
800	2:13.03	Amairany Cruz	2-9-18
1000	3:13.97	Katie Williams	1-26-13
Mile	5:00.43	Katelyn Murphy	2-25-18
3000	10:01.71	Katelyn Murphy	2-3-18
5000	17:24.62	Zoey Johnson	2-12-16
60 Hurdles	10.81	Beth Parks	2-24-18
High Jump	1.58m (5' 2.25")	Sarah Welsh	12-2-17
Long Jump	4.74m (15' 6.75")	Beth Parks	2-24-18
Triple Jump			
Shot Put	7.97m (26' 1.75")	Beth Parks	2-24-18
Weight			
4x400	3:55.25	Cruz-M. Zajac-Guzman-Wright	2-25-17
Distance Medley	12:02.56	Wright-M. Zajac-Cruz-Murphy	2-24-17
Pentathlon	2,803	Beth Parks	2-24-18





IUPUI

60-METER DASH

IUPUI Record:	8.53	Bailey Webber	2-10-18
Season Best:	8.53	Bailey Webber	2-10-18

2017-18 TOP PERFORMERS

	Name	Time	Meet	Date
1.	Bailey Webber	8.53	UIndy Team Invitational	2-10-18
2.	Beth Parks	8.77	UIndy Team Invitational	2-10-18

Top Ten Performances

1.	Bailey Webber	8.53	2-10-18
2.	Beth Parks	8.77	2-10-18

Top Ten Performers

1.	Bailey Webber	8.53	2-10-18
2.	Beth Parks	8.77	2-10-18



IUPUI

200-METER DASH

IUPUI Record:	28.23	Rachel Saylor	1-27-18
Season Best:	28.23	Rachel Saylor	1-27-18

2017-18 TOP PERFORMERS

	Name	Time	Meet	Date
1.	Rachel Saylor	28.23	Tom Hathaway Distance Classic	1-27-18
2.	Beth Parks	28.58	UIndy Team Invitational	2-10-18
3.	Bailey Webber	29.24	UIndy Team Invitational	2-10-18

Top Ten Performances

1.	Rachel Saylor	28.23	1-27-18
2.	Rachel Saylor	28.33	2-10-18
3.	Beth Parks	28.58	2-10-18
4.	Bailey Webber	29.24	2-10-18
5.	Rachel Saylor	29.91	1-20-18

Top Ten Performers

1.	Rachel Saylor	28.23	1-27-18
2.	Beth Parks	28.58	2-10-18
3.	Bailey Webber	29.24	2-10-18



IUPUI

300-METER DASH

IUPUI Record:	43.35	Rachel Crawford	12-2-17
Season Best:	43.35	Rachel Crawford	12-2-17

2017-18 TOP PERFORMERS

	Name	Time	Meet	Date
1.	Rachel Crawford	43.35	Mastodon Opener	12-2-17
2.	Rachel Saylor	45.15	Mastodon Opener	12-2-17
3.	Bailey Webber	45.36	Mastodon Opener	12-2-17

Top Ten Performances

1.	Rachel Crawford	43.35	12-2-17
2.	Rachel Saylor	45.15	12-2-17
3.	Bailey Webber	45.36	12-2-17

Top Ten Performers

1.	Rachel Crawford	43.35	12-2-17
2.	Rachel Saylor	45.15	12-2-17
3.	Bailey Webber	45.36	12-2-17



IUPUI

400-METER RUN

IUPUI Record:	57.43	Amairany Cruz	2-11-17
Season Best:	58.98	Amairany Cruz	2-10-18

2017-18 TOP PERFORMERS

	Name	Time	Meet	Date
1.	Amairany Cruz	58.98	GVSU Big Meet	2-10-18
2.	Megan Zajac	1:00.36	GVSU Big Meet	2-10-18
3.	Lauren Osterhout	1:00.91	GVSU Big Meet	2-10-18
4.	Rachel Saylor	1:01.52	Akron Invitational	2-3-18
5.	Rachel Crawford	1:02.33	Kentucky Invitational	1-13-18
6.	Maggie Shields	1:04.40	Fort Wayne Duals	1-20-18
7.	Bailey Webber	1:04.42	Akron Invitational	2-3-18

Top Ten Performances

1.	Amairany Cruz	57.43	2-11-17
2.	Megan Zajac	58.62	2-11-17
3.	Amairany Cruz	58.98	2-10-18
4.	Megan Zajac	1:00.36	2-10-18
5.	Amairany Cruz	1:00.78	1-23-16
6.	Lauren Osterhout	1:00.91	2-10-18
7.	Rachel Saylor	1:00.93	2-24-17
8.	Mindy Whidden	1:01.45	1-23-14
9.	Lauren Osterhout	1:01.50	1-23-16
10.	Rachel Saylor	1:01.52	2-3-18

Top Ten Performers

1.	Amairany Cruz	57.43	2-11-17
2.	Megan Zajac	58.62	2-11-17
3.	Lauren Osterhout	1:00.91	2-10-18
4.	Rachel Saylor	1:00.93	2-24-17
5.	Mindy Whidden	1:01.45	1-23-14
6.	Rachel Crawford	1:02.33	1-13-18
7.	Sarah Childs	1:02.37	1-28-17
8.	Maggie Shields	1:04.40	1-20-18
9.	Bailey Webber	1:04.42	2-3-18
10.	Katie Williams	1:05.42	1-23-16





IUPUI

600-METER RUN

IUPUI Record:	1:36.86	Megan Zajac	2-3-17
Season Best:	1:44.73	Rachel Saylor	2-10-18

2017-18 TOP PERFORMERS

	Name	Time	Meet	Date
1.	Rachel Saylor	1:44.73	UIndy Team Invitational	2-10-18

Top Ten Performances

1.	Megan Zajac	1:36.86	2-3-17
2.	Rachel Saylor	1:43.55	1-28-17
3.	Rachel Saylor	1:44.73	2-10-18

Top Ten Performers

1.	Megan Zajac	1:36.86	2-3-17
2.	Rachel Saylor	1:43.55	1-28-17



IUPUI

800-METER RUN

IUPUI Record:	2:13.03	Amairany Cruz	2-9-18
Season Best:	2:13.03	Amairany Cruz	2-9-18

2017-18 TOP PERFORMERS

	Name	Time	Meet	Date
1.	Amairany Cruz	2:13.03	GVSU Big Meet	2-9-18
2.	Haley Welch	2:15.54	GVSU Big Meet	2-10-18
3.	Lauren Osterhout	2:15.59	GVSU Big Meet	2-9-18
4.	Megan Zajac	2:17.05	Horizon League Championships	2-24-18
5.	Maggie Shields	2:24.42	Horizon League Championships	2-24-18
6.	Sarah Childs	2:24.99	Horizon League Championships	2-24-18
7.	Jean Carson	2:27.94	UIndy Team Invitational	2-10-18
8.	Beth Parks	2:29.10	Horizon League Championships	2-24-18

Top Ten Performances

1.	Amairany Cruz	2:13.03	2-9-18
2.	Amairany Cruz	2:13.53	2-10-17
3.	Amairany Cruz	2:15.10	2-4-17
4.	Amairany Cruz	2:15.39	2-24-18
5.	Haley Welch	2:15.54	2-10-18
6.	Lauren Osterhout	2:15.59	2-9-18
7.	Amairany Cruz	2:15.71	2-3-18
8.	Amairany Cruz	2:15.76	2-24-17
9.	Megan Zajac	2:15.81	2-24-17
10.	Amairany Cruz	2:16.33	2-12-16

Top Ten Performers

1.	Amairany Cruz	2:13.03	2-9-18
2.	Haley Welch	2:15.54	2-10-18
3.	Lauren Osterhout	2:15.59	2-9-18
4.	Megan Zajac	2:15.81	2-24-17
5.	Allie Wright	2:17.28	1-23-16
6.	Mindy Whidden	2:17.31	2-7-15
7.	Valeria Guzman	2:18.25	2-28-14
8.	Katie Williams	2:20.40	2-27-15
9.	Maggie Shields	2:21.49	1-30-16
10.	Rachel Zajac	2:21.70	2-22-14





IUPUI

1,000-METER RUN

IUPUI Record: 3:13.97 Katie Williams 1-26-13
Season Best: _____

2017-18 TOP PERFORMERS

Name	Time	Meet	Date
1. _____			

Top Ten Performances

1.	Katie Williams	3:13.97	1-26-13
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Top Ten Performers

1.	Katie Williams	3:13.97	1-26-13
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IUPUI MILE RUN

IUPUI Record:	5:00.43	Katelyn Murphy	2-25-18
Season Best:	5:00.43	Katelyn Murphy	2-25-18

2017-18 TOP PERFORMERS

	Name	Time	Meet	Date
1.	Katelyn Murphy	5:00.43	Horizon League Championships	2-25-18
2.	Allie Wright	5:02.71	Kentucky Invitational	1-13-18
3.	Haley Welch	5:07.19	GVSU Big Meet	2-9-18
4.	Jessica Backherms	5:15.48	Kentucky Invitational	1-13-18
5.	Kelsey Tyler	5:22.15	GVSU Big Meet	2-10-18
6.	Jean Carson	5:22.19	Akron Invitational	2-3-18
7.	Marina Konow	5:26.85	Kentucky Invitational	1-13-18
8.	Amairany Cruz	5:27.76	Fort Wayne Duals	1-20-18
9.	Janine Orvis	5:29.36	Fort Wayne Duals	1-20-18
10.	Sarah Childs	5:30.04	Kentucky Invitational	1-13-18
11.	Mya Zajakowski	5:32.76	UIndy Team Invitational	2-10-18
12.	Maggie Shields	5:34.90	Mastodon Opener	12-2-17
13.	Sydney Vandersteeg	5:49.79	Mastodon Opener	12-2-17

Top Ten Performances

1.	Katelyn Murphy	5:00.43	2-25-18
2.	Rachel Zajac	5:00.98	2-14-14
3.	Allie Wright	5:01.63	1-14-17
4.	Allie Wright	5:01.66	2-10-17
5.	Allie Wright	5:02.71	1-13-18
6.	Allie Wright	5:03.68	2-25-18
7.	Allie Wright	5:03.88	2-3-18
8.	Katelyn Murphy	5:04.01	1-20-18
9.	Allie Wright	5:04.53	2-6-16
10.	Allie Wright	5:05.80	2-12-16

Top Ten Performers

1.	Katelyn Murphy	5:00.43	2-25-18
2.	Rachel Zajac	5:00.98	2-14-14
3.	Allie Wright	5:01.63	1-14-17
4.	Julie Riggins	5:06.52	2-12-16
5.	Haley Welch	5:07.19	2-9-18
6.	Leah Brooks	5:07.81	2-14-14
7.	Kelsey Tyler	5:10.09	2-27-16
8.	Valeria Guzman	5:12.30	2-14-15
9.	Savannah Turner	5:12.98	2-8-14
10.	Amy Mattingly	5:15.25	3-1-14



IUPUI

3,000-METER RUN

IUPUI Record:	10:01.71	Katelyn Murphy	2-3-18
Season Best:	10:01.71	Katelyn Murphy	2-3-18

2017-18 TOP PERFORMERS

	Name	Time	Meet	Date
1.	Katelyn Murphy	10:01.71	Akron Invitational	2-3-18
2.	Marina Konow	10:30.00	Horizon League Championships	2-25-18
3.	Allie Wright	10:32.18	Fort Wayne Duals	1-20-18
4.	Janine Orvis	10:33.63	Kentucky Invitational	1-13-18
5.	Jessica Backherms	10:37.87	GVSU Big Meet	2-10-18
6.	Zoey Johnson	10:37.51	Mastodon Opener	12-2-17
7.	Kelsey Tyler	10:37.89	Akron Invitational	2-3-18
8.	Haley Welch	10:40.36	Kentucky Invitational	1-13-18
9.	Shelby Pake	10:47.17	UIIndy Team Invitational	2-10-18
10.	Alexis Lewandowski	10:57.24	UIIndy Team Invitational	2-10-18
11.	Paige Boatright	11:07.05	Kentucky Invitational	1-13-18

Top Ten Performances

1.	Katelyn Murphy	10:01.71	2-3-18
2.	Alexis Lewandowski	10:06.17	2-12-16
3.	Katelyn Murphy	10:07.06	2-25-18
4.	Savannah Turner	10:10.04	2-28-14
5.	Katelyn Murphy	10:12.61	1-20-18
6.	Katelyn Murphy	10:14.06	2-10-17
7.	Leah Brooks	10:16.13	2-7-15
8.	Jordan Hanaway	10:16.16	2-14-15
9.	Savannah Turner	10:18.07	1-31-14
10.	Alexis Lewandowski	10:18.23	1-16-16

Top Ten Performers

1.	Katelyn Murphy	10:01.71	2-3-18
2.	Alexis Lewandowski	10:06.17	2-12-16
3.	Savannah Turner	10:10.04	2-28-14
4.	Leah Brooks	10:16.13	2-7-15
5.	Jordan Hanaway	10:16.16	2-14-15
6.	Rachel Zajac	10:27.04	2-18-12
7.	Allie Wright	10:27.17	1-7-17
8.	Marina Konow	10:30.00	2-25-18
9.	Kelsey Tyler	10:31.54	2-7-15
10.	Shelby Pake	10:33.22	1-14-17



IUPUI

5,000-METER RUN

IUPUI Record:	17:24.62	Zoey Johnson	2-12-16
Season Best:	18.17.87	Shelby Pake	2-24-18

2017-18 TOP PERFORMERS

	Name	Time	Meet	Date
1.	Shelby Pake	18:17.87	Horizon League Championships	2-24-18
2.	Janine Orvis	18:28.95	Akron Invitational	2-2-18
3.	Katelyn Murphy	18:29.09	Mastodon Opener	12-2-17
4.	Kelsey Tyler	18:56.90	GVSU Big Meet	2-9-18
5.	Paige Boatright	19:20.94	Fort Wayne Duals	1-20-18
6.	Ashley Kidwell	19:25.36	Fort Wayne Duals	1-20-18

Top Ten Performances

1.	Zoey Johnson	17:24.62	2-12-16
2.	Alexis Lewandowski	17:34.28	2-5-16
3.	Rachel Zajac	17:35.90	3-1-14
4.	Savannah Turner	17:38.65	2-14-14
5.	Zoey Johnson	17:46.26	2-27-16
6.	Savannah Turner	17:48.86	3-1-14
7.	Zoey Johnson	17:58.58	2-5-16
8.	Katelyn Murphy	18:00.47	2-25-17
9.	Shelby Pake	18:04.84	2-10-17
10.	Rebecca Downs	18:12.99	1-18-13

Top Ten Performers

1.	Zoey Johnson	17:24.62	2-12-16
2.	Alexis Lewandowski	17:34.28	2-5-16
3.	Rachel Zajac	17:35.90	3-1-14
4.	Savannah Turner	17:38.65	2-14-14
5.	Katelyn Murphy	18:00.47	2-25-17
6.	Shelby Pake	18:04.84	2-10-17
7.	Rebecca Downs	18:12.99	1-18-13
8.	Jordan Hanaway	18:14.19	2-6-15
9.	Janine Orvis	18:28.95	2-2-18
10.	Valeria Guzman	18:37.75	12-12-14





IUPUI

60-METER HURDLES

IUPUI Record:	10.81	Beth Parks	2-24-18
Season Best:	10.81	Beth Parks	2-24-18

2017-18 TOP PERFORMERS

	Name	Mark	Meet	Date
1.	Beth Parks	10.81	Horizon League Championships	2-24-18

Top Ten Performances

1.	Beth Parks	10.81	2-24-18
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Top Ten Performers

1.	Beth Parks	10.81	2-24-18
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IUPUI HIGH JUMP

IUPUI Record:	1.58m (5'2.25'')	Sarah Welsh	12-2-17
Season Best:	1.58m (5'2.25'')	Sarah Welsh	12-2-17

2017-18 TOP PERFORMERS

	Name	Mark	Meet	Date
1.	Sarah Welsh	1.58m	Mastodon Opener	12-2-17
2.	Beth Parks	1.55m	UIndy Team Invitational	2-10-18
3.	Lana Pham	1.53m	Horizon League Championships	2-25-18

Top Ten Performances

1.	Sarah Welsh	1.58m (5' 2.25'')	12-2-17
2.	Sarah Welsh	1.57m (5' 1.75'')	1-20-18
t-3.	Beth Parks	1.55m (5' 1'')	2-10-18
t-3.	Sarah Welsh	1.55m (5' 1'')	1-27-18
5.	Lana Pham	1.53m (5' 0.25'')	2-25-18
t-6.	Beth Parks	1.52m (4' 11.75'')	2-24-18
t-6.	Lana Pham	1.52m (4' 11.75'')	1-20-18
t-8.	Lana Pham	1.51m (4' 11.5'')	1-13-18
t-8.	Sarah Welsh	1.51m (4' 11.5'')	1-13-18
10.	Lana Pham	1.48m (4' 10.25'')	12-2-17

Top Ten Performers

1.	Sarah Welsh	1.58m (5' 2.25'')	12-2-17
2.	Beth Parks	1.55m (5' 1'')	2-10-18
3.	Lana Pham	1.53m (5' 0.25'')	2-25-18



IUPUI

LONG JUMP

IUPUI Record:	4.74m (15' 6.75'')	Beth Parks	2-24-18
Season Best:	4.74m (15' 6.75'')	Beth Parks	2-24-18

2017-18 TOP PERFORMERS

	Name	Mark	Meet	Date
1.	Beth Parks	4.74m	Horizon League Championships	2-24-18

Top Ten Performances

1.	Beth Parks	4.74m (15' 6.75'')	2-24-18
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Top Ten Performers

1.	Beth Parks	4.74m (15' 6.75'')	2-24-18
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IUPUI PENTATHLON

IUPUI Record:	2,803	Beth Parks	2-24-18
Season Best:	2,803	Beth Parks	2-24-18

2017-18 TOP PERFORMERS

	Name	Mark	Meet	Date
1.	Beth Parks	2,803	Horizon League Championships	2-24-18

Top Ten Performances

1.	Beth Parks	2,803	2-24-18
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Top Ten Performers

1.	Beth Parks	2,803	2-24-18
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IUPUI

4x400 METER RELAY

IUPUI Record:	3:55.25	IUPUI 'A'	2-25-17
	<i>(Amairany Cruz-Megan Zajac-Valeria Guzman-Allie Wright)</i>		
Season Best:	4:02.62	IUPUI 'A'	2-25-18
	<i>(Lauren Osterhout-Rachel Saylor-Beth Parks-Amairany Cruz)</i>		

2017-18 TOP PERFORMERS

	Name	Time	Meet	Date
1.	IUPUI 'A'	4:02.62	Horizon League Championships	2-25-18

DISTANCE MEDLEY RELAY

IUPUI Record:	12:02.56	IUPUI 'A'	2-24-17
	<i>(Allie Wright-Megan Zajac-Amairany Cruz-Katelyn Murphy)</i>		
Season Best:	12:12.04	IUPUI 'A'	2-24-18
	<i>(Allie Wright-Amairany Cruz-Haley Welch-Jessica Backherms)</i>		

2017-18 TOP PERFORMERS

	Name	Time	Meet	Date
1.	IUPUI 'A'	12:12.04	Horizon League Championships	2-24-18
2.	IUPUI 'A'	12:14.23	Akron Invitational	2-2-18

4x400 Relay - Top 10 List

1.	IUPUI 'A'	3:55.25	2-25-17
2.	IUPUI 'A'	3:59.11	2-27-16
3.	IUPUI 'A'	4:01.07	2-28-15
4.	IUPUI 'A'	4:02.62	2-25-18
5.	IUPUI 'A'	4:03.19	1-21-17
6.	IUPUI 'A'	4:10.43	1-30-16
7.	IUPUI 'A'	4:10.83	1-23-15
8.	IUPUI 'A'	4:12.30	3-1-14
9.	IUPUI 'B'	4:12.86	1-21-17
10.	IUPUI 'A'	4:16.35	2-11-17

DMR - Top 10 List

1.	IUPUI 'A'	12:02.56	2-24-17
2.	IUPUI 'A'	12:08.57	2-26-16
3.	IUPUI 'A'	12:12.04	2-24-18
4.	IUPUI 'A'	12:13.58	2-3-17
5.	IUPUI 'A'	12:14.19	2-27-15
6.	IUPUI 'A'	12:14.23	2-2-18
7.	IUPUI 'A'	12:26.55	2-13-16
8.	IUPUI 'A'	12:34.18	2-7-14
9.	IUPUI 'A'	12:39.50	1-26-13



IUPUI

PERSONAL BESTS BY PERFORMER

Performer	400m	800m	1mile	3,000m	5,000m
Jessica Backherms	---	---	5:15.48	10:36.79	---
Paige Boatright	---	---	---	11:07.05	19:20.94
Jean Carson	---	2:27.94	5:22.19	---	---
Sarah Childs	1:02.37	2:24.94	5:26.72	---	---
Rachel Crawford	1:02.33	---	---	---	---
Amariany Cruz	57.43	2:13.03	5:17.02	---	---
Zoey Johnson	---	---	5:22.83	10:37.51	17:24.62
Ashley Kidwell	---	---	6:12.50	10:53.22	21:08.13
Marina Konow	---	---	5:26.85	10:30.00	---
Alexis Lewandowski	---	---	5:19.83	10:06.17	17:34.28
Katelyn Murphy	---	---	5:00.43	10:01.71	18:00.47
Janine Orvis	---	---	5:29.36	10:33.63	18:28.95
Lauren Osterhout	1:00.91	2:15.59	5:49.79	---	---
Shelby Pake	---	---	5:29.67	10:33.22	18:04.84
Beth Parks	---	---	---	---	---
Rachel Saylor	1:00.93	2:28.63	5:42.45	---	---
Maggie Shields	1:04.40	2:21.49	5:31.88	11:28.35	---
Rachel Thompson	---	---	5:29.92	10:33.87	18:49.63
Kelsey Tyler	---	2:27.51	5:10.09	10:31.54	18:56.90
Sydney Vandersteeg	---	---	5:49.79	---	---
Bayley Wade	---	---	---	---	---
Bailey Webber	1:04:42	---	---	---	---
Haley Welch	---	2:15.54	5:07.19	10:40.36	---
Allie Wright	---	2:17.28	5:01.63	10:27.17	---
Megan Zajac	58.62	2:15.81	5:18.64	---	---
Mya Zajakowski	---	---	5:32.76	---	---

Performer	HJ
Beth Parks	1.55m (5' 1")
Lana Pham	1.53m (5' 0.25")
Sarah Welsh	1.58m (5' 2.25")